

90 Days Through Scripture Daily Worship Resources | Part I

90 Days Through Scripture - Reflection

When I was thrown into the social-distanced life of COVID, like everyone else was, I spent a lot of time thinking about my time on sabbatical, just a few months before we went into lockdown. Sabbatical had been a time of personal renewal and perspective, and in a lot of ways, it prepared me to live a quarantined life with my family.

What I realized was that I was relying too much on Sunday morning worship for my spiritual vitality, and because of that, my worship was suffering. I always knew "spending time with God" was important throughout the week, but like a muscle you use infrequently, my worship atrophied during the week and then lacked oxygen when I tried to use it Sunday morning. For most of my life, I would try to read God's Word and "talk to him" in prayer Monday -Saturday, but it never felt "natural".

Over sabbatical, I started to approach my weekly "time with God" more from the perspective of worship. Instead of simply trying to comprehend God, or do my duty of telling him things he already knew in prayer, I sought to **celebrate my union with him in a worshipful embrace**. Worship became a dance between God's initiative and my response. Through daily rhythms of worship, we started to embrace God as a family not just with our minds, but as complete human beings. It felt a little odd at first, singing with just two people while our son screamed at us to play with him, or to name our emotions before we started pray, but God enters into our awkwardness in the same way he has entered into our sinful mess.

If worship is a door, by which we embrace our union with Christ, it needs to be able to swing freely on its hinges so that we can use it. If we never go to church, and never celebrate our union with him throughout the week, it is like a door without hinges that we just nail shut. We technically have access to it, but it remains closed.

A door with only one hinge is also frustrating. It technically opens and shuts, but you constantly have to keep one hand on it so that the door does not pull off of the frame or damage the floor. You can walk through it, but it takes a lot of effort. If a door is functioning properly, it is not something you are supposed to have to think about. Instead, you use the door to access the thing you really want. Keeping worship confined to Sunday mornings is like a one-hinged door. We can engage in Sunday morning worship as we were intended to do, but it takes a lot of effort and we struggle to see the purpose of it, besides just going through the motions. Instead of celebrating our union with Christ, we often get stuck on the rituals or particularities of our duties. Our hand is still holding the door up.

If you have ever tried fixing a broken door or replacing its hinges, you know that as soon as you put even one screw into the second hinge, the door swings freely. Over sabbatical I found that one screw, and over the last nine months of COVID life, I have continued to try to anchor my second hinge to the frame. Sometimes it feels like I got the screw in just in time before the whole door fell off.

During socially distanced corporate worship, the hinge I thought was secure, Sunday morning, started to come loose. But instead of the door collapsing, the hinge I had started to screw in over sabbatical, weekly rhythms, started to hold more weight. In fact, I can confidently say that I have never had healthier worship than I have now. **My time of worship each day supports, feeds, amplifies, and prepares me for worship on Sunday morning**, no matter how challenging it might be, and my Sunday morning propels me into worship throughout the week.

My great hope going forward is that the particularities in worship that often distract me, or even hinder, will start to decrease, and the embrace of my union with Christ will increase. With both hinges screwed in, I can let go of the door and celebrate my access to God. As the weight of my worship is held by both hinges, my spiritual habits become less about complicated duty and more about living a life united to Christ.

I hope the following liturgy is helpful to you. If you already have "both hinges screwed in", this might just be another tool to throw into the bag. But if like me, you struggle to let the door swing freely, I hope this helps you anchor your worship throughout the week. Each liturgy is written with the perspective of God's divine initiative and our embrace of him. Let us align ourselves with the mission of God, Father, Son, and Holy Spirit.

- Daniel Snoke

SUNDAY

GOD CALLS

Psalm 46

God is our refuge and strength, a very present help in trouble. Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea, though its waters roar and foam, though the mountains tremble at its swelling. Selah There is a river whose streams make glad the city of God, the holy habitation of the Most High. God is in the midst of her; she shall not be moved; God will help her when morning dawns. The nations rage, the kingdoms totter; he utters his voice, the earth melts. The LORD of hosts is with us: the God of Jacob is our fortress. Selah Come, behold the works of the LORD, how he has brought desolations on the earth. He makes wars cease to the end of the earth; he breaks the bow and shatters the spear; he burns the chariots with fire. "Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!" The LORD of hosts is with us; the God of Jacob is our fortress. Selah

WE RESPOND

<u>Silence</u>

- As you prepare for worship, pause in silence to be still before God.
 - Don't rush, set a timer if you need it.
 - Ask God to give you expectation for how he will embrace you through his word.

Scripture Reading

January 10	Genesis 17:15-20	Genesis 18:22-19:29
January 17	Genesis 40-42	Genesis 41-42
January 24	Exodus 7-10	Exodus 7:1-8:19

SONG: Gloria Patri | Glory Be To The Father

[you can sing it a capella]

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end.

Amen. Amen.

MONDAY

GOD CALLS

Psalm 1

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the LORD, and on his law he meditates day and night.

He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. The wicked are not so, but are like chaff that the wind drives away.

Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous; for the LORD knows the way of the righteous, but the way of the wicked will perish.

Songs for Reflection:

- Psalm 1 | I Shall Not Be Moved | Johnny Cash
 - Music in the back, additional songs <u>HERE</u>

Confession

God of creation, as we enter our work this week, we confess that we have drunk from streams of water that do not flow from you. Like our ancestors, Adam and Eve, we do not walk with you as you intended in the garden, and we choose our own autonomy rather than trusting your word. Our minds are filled with the echoes of scoffers, our bodies are tired from pleasing ourselves, and our spirits are fickle. God of truth, plant us in your word that it might bear fruit and cause our work to prosper. Make us like a tree, that drinks deeply from your promises in every season.

Amen

~~ Pause ~~

Assurance of Pardon

[Isaiah 42:16]

And I will lead the blind in a way that they do not know, in paths that they have not known I will guide them. I will turn the darkness before them into light, the rough places into level ground. These are the things I do, and I do not forsake them.

GOD REVEALS

Prayer of Illumination

[based on 1 Corinthians 2:10-16]

All wise and glorious Father, open our hearts to your Holy Spirit, that in your word we might know what no eye has seen, nor ear heard, or heart can imagine. Give us the mind of Christ as we receive your love.

Scripture Reading

January 4	Genesis 1-2	Genesis 1 & 2:15-24
January 11	Genesis 21-23	Genesis 22
January 18	Genesis 43-45	<u>Genesis 45</u>
January 25	Exodus 11-12	Exodus 12

WE ABIDE

Prayer

- Let your prayers embrace God as you respond to his revealed character through his Word.
- Specifically ask God to let you walk with him while you work this week, whatever it may be.

GOD SENDS

Lord's Prayer

Our Father in heaven. hallowed be your Name, your kingdom come, your will be done, on earth as it is in heaven.

Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors

And lead us not into temptation,

but deliver us from evil.

For yours is the kingdom and the power and the glory forever,

Amen.

WE GO

SONG: Gloria Patri | Glory Be To The Father [you can sing it a capella]

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end. Amen. Amen.

TUESDAY

GOD CALLS

<u>Psalm 8</u>

O LORD, our Lord, how majestic is your name in all the earth! You have set your glory above the heavens. Out of the mouth of babies and infants, you have established strength because of your foes, to still the enemy and the avenger.

When I look at your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is man that you are mindful of him, and the son of man that you care for him?

Yet you have made him a little lower than the heavenly beings and crowned him with glory and honor.

You have given him dominion over the works of your hands;

you have put all things under his feet,

all sheep and oxen,

and also the beasts of the field,

the birds of the heavens, and the fish of the sea,

whatever passes along the paths of the seas.

O LORD, our Lord,

how majestic is your name in all the earth!

Song of Devotion

- Joyful Joyful We Adore Thee
 - Music in the back, additional songs <u>HERE</u>

Meditation on God's Love

- 1. Consider that in creation which makes your life possible.
- 2. Consider the scientific and cultural advancements that make our life comfortable.
- 3. Consider the love of others that makes your life meaningful.
- 4. Consider all that God has done for you, specifically.
- 5. With joy, reread Psalm 8:4 & 9:

What is man that you are mindful of him,

and the son of man that you care for him?

O LORD, our Lord,

how majestic is your name in all the earth!

GOD REVEALS

Prayer of Illumination

[Psalm 25:4–5]

Make me to know your ways, O LORD; teach me your paths. Lead me in your truth and teach me, for you are the God of my salvation; for you I wait all the day long.

Scripture Reading

January 5	Genesis 3-5	<u>Genesis 3 - 4:16</u>
January 12	Genesis 24-26	Genesis 24
January 19	Genesis 46-47	<u>Genesis 46</u>
January 26	Exodus 13-15	Exodus 14

WE ABIDE

<u>Prayer</u>

- Boldly ask God for what you need, knowing that he is mindful of your needs.
- Ask for the known needs in your church, community, city, and country.

Lord's Prayer

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as it is in heaven.

Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors

And lead us not into temptation, but deliver us from evil. For yours is the kingdom and the power and the glory forever,

Amen.

WE GO

SONG: <u>Gloria Patri | Glory Be To The Father</u> [you can sing it a capella]

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end. Amen. Amen.

WEDNESDAY

GOD CALLS

Psalm 90:1-6

A Prayer of Moses, the man of God.

Lord, you have been our dwelling place in all generations. Before the mountains were brought forth, or ever you had formed the earth and the world, from everlasting to everlasting you are God.

You return man to dust and say, "Return, O children of man!" For a thousand years in your sight are but as yesterday when it is past, or as a watch in the night.

You sweep them away as with a flood; they are like a dream, like grass that is renewed in the morning: in the morning it flourishes and is renewed; in the evening it fades and withers.

WE RESPOND

Confession from Psalm 90:7-13

~~ find a posture of humility ~~

For we are brought to an end by your anger; by your wrath we are dismayed. You have set our iniquities before you, our secret sins in the light of your presence.

~~ silently reflect on what sins are illuminated in God's presence ~~

For all our days pass away under your wrath; we bring our years to an end like a sigh. The years of our life are seventy, or even by reason of strength eighty; yet their span is but toil and trouble; they are soon gone, and we fly away. Who considers the power of your anger, and your wrath according to the fear of you?

~~ confess the ways you labor for your own good ~~

So teach us to number our days that we may get a heart of wisdom. Return, O LORD! How long? Have pity on your servants!

~~ remind yourself that you will die eventually, and ask the Lord to make you wise ~~

Assurance of Pardon from Psalm 90:14-17

~~ stand as you read with joy ~~

Satisfy us in the morning with your steadfast love, that we may rejoice and be glad all our days. Make us glad for as many days as you have afflicted us, and for as many years as we have seen evil. Let your work be shown to your servants, and your glorious power to their children. Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands!

GOD REVEALS

Scri	pture Reading

January 6	Genesis 6-9	Genesis 6:9-8:18
January 13	Genesis 27-30	<u>Genesis 29:1-30</u>
January 20	Genesis 48-50	Genesis 49:28-50:26
January 27	Exodus 16-18	Exodus 16:1-17:7

WE ABIDE

Songs for Reflection:

- Your Labor Is Not In Vain | Porter's Gate
 - Music in the back, additional songs <u>HERE</u>

Prayer of Mindfulness

- 1. Ask God to open your eyes to *his* work.
- 2. Review the past few days with gratitude.
- 3. Become aware of your emotions.
- 4. Pray from what God has reminded you of.
- 5. Look forward to tomorrow.

GOD SENDS

Lord's Prayer

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as it is in heaven.

Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors

And lead us not into temptation, but deliver us from evil. For yours is the kingdom and the power and the glory forever,

Amen.

WE GO

SONG: Gloria Patri | Glory Be To The Father

[you can sing it a capella]

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end. Amen. Amen.

THURSDAY

GOD CALLS

Psalm 106:1-5

Praise the LORD! Oh give thanks to the LORD, for he is good, for his steadfast love endures forever! Who can utter the mighty deeds of the LORD, or declare all his praise? Blessed are they who observe justice, who do righteousness at all times!

Remember me, O LORD, when you show favor to your people; help me when you save them, that I may look upon the prosperity of your chosen ones, that I may rejoice in the gladness of your nation, that I may glory with your inheritance.

WE RESPOND

Confession: Excerpts from Psalm 106:6-43

[read the full Psalm]

~~ Pause occasionally as you read, and use the Jesus Prayer to confess your participation in sin. ~~

Lord Jesus Christ, Son of God, have mercy on me, a sinner.

Both we and our fathers have sinned;

we have committed iniquity; we have done wickedness.

[...]

they did not remember the abundance of your steadfast love,

but rebelled by the sea, at the Red Sea.

But they had a wanton craving in the wilderness,

and put God to the test in the desert;

[...]

They exchanged the glory of God for the image of an ox that eats grass. They forgot God, their Savior, who had done great things in Egypt, [...] Then they despised the pleasant land,

having no faith in his promise. They murmured in their tents, and did not obey the voice of the LORD. [...]

They angered him at the waters of Meribah, and it went ill with Moses on their account,

for they made his spirit bitter,

and he spoke rashly with his lips.

[...]

Then the anger of the LORD was kindled against his people, and he abhorred his heritage;

~~ Pause ~~

Assurance of Pardon from Psalm 106:44-48

Nevertheless, he looked upon their distress, when he heard their cry. For their sake he remembered his covenant, and relented according to the abundance of his steadfast love. He caused them to be pitied by all those who held them captive.

Save us, O LORD our God, and gather us from among the nations, that we may give thanks to your holy name and glory in your praise.

Blessed be the LORD, the God of Israel, from everlasting to everlasting! And let all the people say, "Amen!" Praise the LORD!

GOD REVEALS

Scripture Reading

January 7	Genesis 10-11	Genesis 11
January 14	Genesis 31-33	Genesis 32
January 21	Exodus 1-2	Exodus 2
January 28	Exodus 19-20	Exodus 20:1-21

WE ABIDE

Songs for Reflection:

- Put Not Your Hope In The Nation | Wendell Kimbrough
 - Music in the back, additional songs <u>HERE.</u>

GOD SENDS

<u>Lord's Prayer</u>

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as it is in heaven.

Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors

And lead us not into temptation, but deliver us from evil. For yours is the kingdom and the power and the glory forever,

Amen.

WE GO

SONG: <u>Gloria Patri | Glory Be To The Father</u> [you can sing it a capella]

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end. Amen. Amen.

FRIDAY

GOD CALLS

<u>Psalm 99</u>

The LORD reigns; let the peoples tremble! He sits enthroned upon the cherubim; let the earth quake! The LORD is great in Zion; he is exalted over all the peoples. Let them praise your great and awesome name! Holy is he! The King in his might loves justice. You have established equity; you have executed justice and righteousness in Jacob. Exalt the LORD our God: worship at his footstool! Holy is he! Moses and Aaron were among his priests, Samuel also was among those who called upon his name. They called to the LORD, and he answered them. In the pillar of the cloud he spoke to them; they kept his testimonies and the statute that he gave them. O LORD our God, you answered them; you were a forgiving God to them, but an avenger of their wrongdoings. Exalt the LORD our God, and worship at his holy mountain; for the LORD our God is holy!

WE RESPOND

Confession

[Adapted from The Valley of Vision, Faith and the World]

O Lord,

The world is clever to tempt with fascinating disguises, shiny toys, and charming faces. Let my faith test every painted novelty and escape every charming snare in a victory that overcomes all things. In my calling give me firmness, energy, zeal, devotion to your cause, courage in your name, love as a working grace, and strength to trust in you. Let my faith be be a giant witness and my love respond with energy in every act. I often mourn the absence of you, Lord whose smile makes earth a paradise, whose voice is sweetest music, whose presence gives all graces strength. But by unbelief I often keep you outside my door. Let faith be the entrance that you may abide with me forever. Your Word is full of promises, flowers of sweet fragrance, fruit of refreshing flavor when given by faith. May I be made rich in its riches, be strong in its power, be happy in its joy, abide in its sweetness,

feast on its preciousness, draw vigour from its manna. Lord, increase my faith.

~~ Pause ~~

Assurance of Pardon

- Laden With Guilt And Full of Fears | Sandra McCracken
 - Music in the back, additional songs <u>HERE</u>

GOD REVEALS

Scripture Reading

January 8	Genesis 12-14	<u>Gen 12:1-9</u>
January 15	Genesis 34-36	Genesis 34
January 22	Exodus 3	Exodus 3
January 29	Exodus 21-24	Exodus 23

WE ABIDE

Prayer for Fruitfulness

As you near the end of a work week, pause to consider what has passed.

- Ask God to make your actions from the past week fruitful.
- Give God the tasks you were not able to accomplish and the deadlines in front of you.
- Ask God to remind you of those you are called to love and serve.

GOD SENDS

Lord's Prayer

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as it is in heaven.

Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors

And lead us not into temptation, but deliver us from evil. For yours is the kingdom and the power and the glory forever,

Amen.

WE GO

SONG: Gloria Patri | Glory Be To The Father

[you can sing it a capella]

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end. Amen. Amen.

SATURDAY

INTRO

If you have Saturdays off, try to enjoy God's creation as best you can, considering the winter months and COVID precautions.

- If you have kids, ask them to "take a picture in their mind" of something they find interesting in creation.
- If you have it, you will need honey to participate in this liturgy. If not, use something else enjoyable, like coffee.

GOD CALLS

<u>Psalm 19:1-11</u>

The heavens declare the glory of God,

and the sky above proclaims his handiwork.

Day to day pours out speech,

and night to night reveals knowledge.

There is no speech, nor are there words,

whose voice is not heard.

Their voice goes out through all the earth,

and their words to the end of the world.

In them he has set a tent for the sun,

which comes out like a bridegroom leaving his chamber,

and, like a strong man, runs its course with joy.

Its rising is from the end of the heavens,

and its circuit to the end of them,

and there is nothing hidden from its heat.

~~ Pause ~~

- Eat a spoonful of honey before you continue.
- Savor the honey. Can you describe its flavor, texture, and smell?
- As you savor the sweetness, celebrate what God reveals to you in creation.

The law of the LORD is perfect, reviving the soul; the testimony of the LORD is sure, making wise the simple; the precepts of the LORD are right, rejoicing the heart; the commandment of the LORD is pure, enlightening the eyes; the fear of the LORD is clean, enduring forever; the rules of the LORD are true, and righteous altogether. More to be desired are they than gold, even much fine gold; sweeter also than honey and drippings of the honeycomb. Moreover, by them is your servant warned; in keeping them there is great reward.

~~ Pause ~~

- Consider for a moment what your days would be like *without* knowing God from his word.
- Savor God. Can you describe his works, sacrifice, and love?

WE RESPOND

Confession and Assurance from Psalm 19:12-14

[read together]

Who can discern his errors? Declare me innocent from hidden faults. Keep back your servant also from presumptuous sins; let them not have dominion over me! Then I shall be blameless. and innocent of great transgression.

Let the words of my mouth and the meditation of my heart be acceptable in your sight, O LORD, my rock and my redeemer.

GOD REVEALS

Scripture Reading

January 9	Genesis 15-17:14	<u>Genesis 15</u>
January 16	Genesis 37-39	<u>Genesis 37 & 39</u>
January 23	Exodus 4-6	Exodus 4:18-5:23
January 30	Exodus 25-26 & 40	Exodus 40

Songs for Reflection:

- Psalm 119:41-48 WAW | Daniel Snoke
 - Music in the back, additional songs <u>HERE</u>

Prayer of Anticipation

O God of truth and grace, as we eagerly anticipate worshiping you tomorrow as your gathered Church, we remember those who do not see you or worship you. Your character is plain to them through all of creation, but they have rejected your word. We long for the day when we, your Church, gather in the lost and live out our true calling to be a blessing for all nations. Lord, the sweetness of your Word fills our hearts. Let us be a blessing, just as you have blessed us.

GOD SENDS

Lord's Prayer

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as it is in heaven.

Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors

And lead us not into temptation, but deliver us from evil. For yours is the kingdom and the power and the glory forever,

Amen.

WE GO

SONG: Gloria Patri | Glory Be To The Father

[you can sing it a capella]

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end. Amen. Amen.

Glory Be to the Father



Text: *Gloria Patri*, 2nd c. Tune: Henry W. Greatorex (1813-1858)



I Shall Not Be Moved [C]

[Default Arrangement] by African American Spiritual

С G7 Dm Glo-ry hal-le-lu-jah I shall not be moved Dm G7 С An-chored in Je-ho-vah I shall not be moved C Am C7 F Just like a tree that's planted by the wa-ters С G7 С I shall not be moved Dm G7 In His love abiding I shall not be moved Dm G7 С And in Him con-fid-ing I shall not be moved C7 F C Am Just like a tree that's planted by the wa-ters G7 С С I shall not be moved G7 I shall not be I shall not be moved G7 С F I shall not be I shall not be moved C7 F C Am Just like a tree that's planted by the wa-ters C G7 С I shall not be moved Dm G7 Tho' all hell assail me I shall not be moved G7 Dm С Jesus will not fail me I shall not be moved C7 F C Am Just like a tree that's planted by the wa-ters С G7 С I shall not be moved Dm Though the tempest rages I shall not be moved Dm G7 С On the rock of ages I shall not be moved C7 F C Am Just like a tree that's planted by the wa-ters

G7

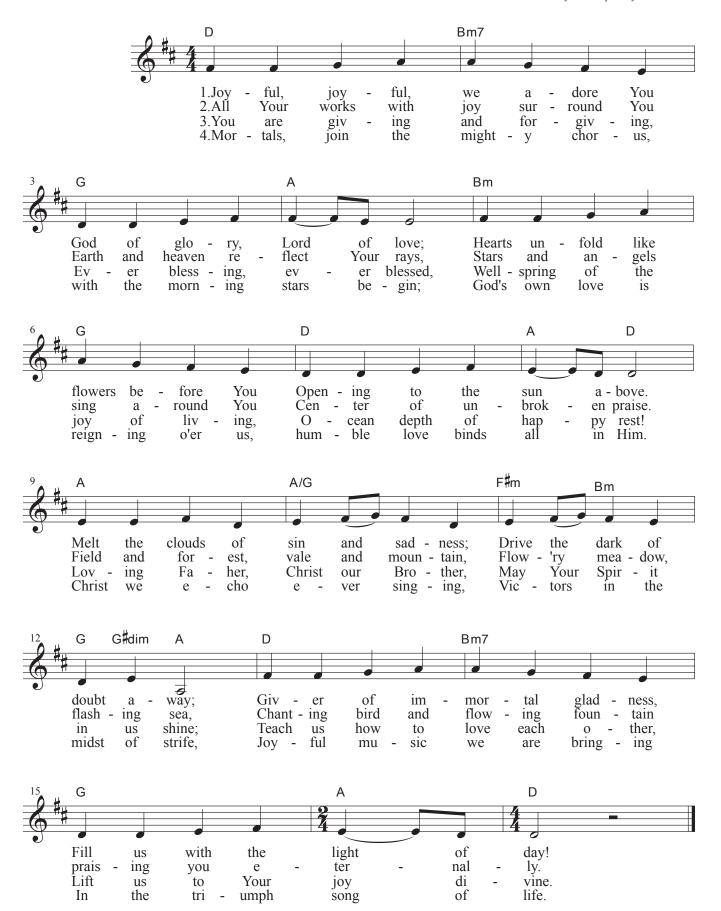
I shall not be moved

С

С

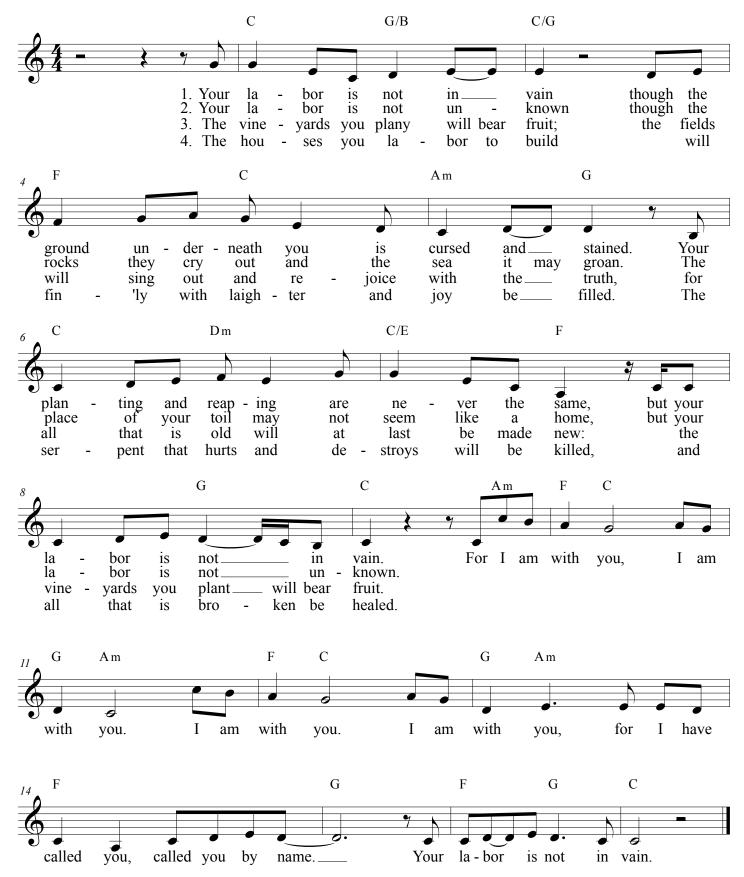
Joyful, Joyful We Adore Thee

Words by Henry van Dyke Music by Ludwig van Beethoven Music and Lyrics Adapted by Daniel Snoke 2018



Your Labor Is Not In Vain

Isaac Wardell, Paul Zach, and Wendell Kimbrough (© 2017)

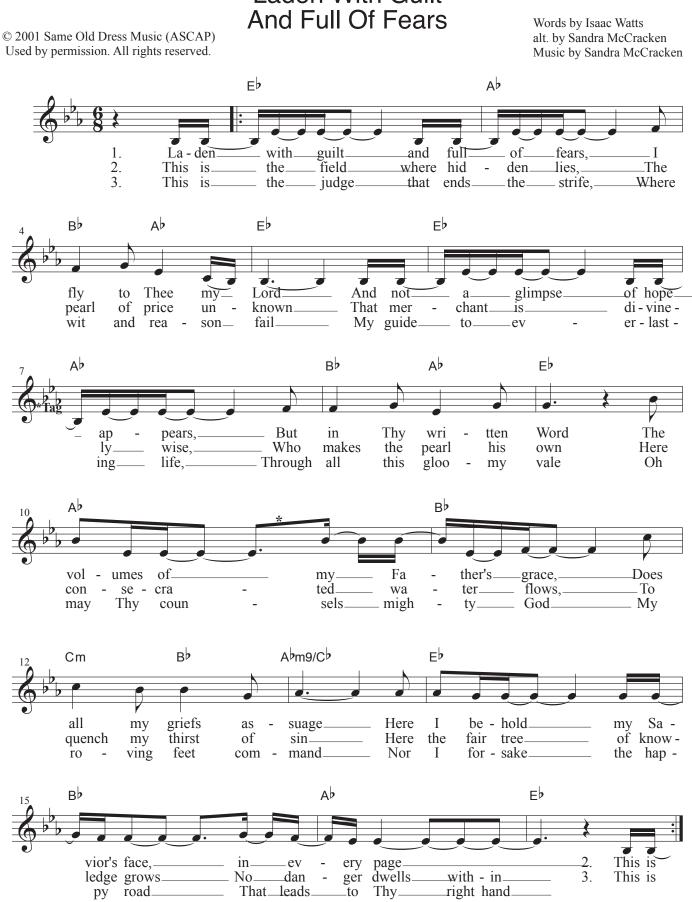


PUT NOTYOUR HOPE IN THE NATION





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Laden With Guilt

WAW | Psalm 119:41-48

Daniel Snoke 2019

