

90 Days Through Scripture Daily Worship Resources

Part II

SUNDAY

GOD CALLS

Psalm 105:1-11, 43-45 [ESV]

Emphasis added: [read the whole Psalm here]

Oh give thanks to the LORD; call upon his name; make known his deeds among the peoples!

Sing to him, sing praises to him;

tell of all his wondrous works!

Glory in his holy name;

let the hearts of those who seek the LORD rejoice!

Seek the LORD and his strength;

seek his presence continually!

Remember the wondrous works that he has done, his miracles, and the judgments he uttered,

O offspring of Abraham, his servant,

children of Jacob, his chosen ones!

He is the LORD our God;

his judgments are in all the earth.

He remembers his covenant forever.

the word that he commanded, for a thousand generations,

the covenant that he made with Abraham.

his sworn promise to Isaac,

which he confirmed to Jacob as a statute,

to Israel as an everlasting covenant,

saying, "To you I will give the land of Canaan as your portion for an inheritance."

So he brought his people out with joy,
his chosen ones with singing.

And he gave them the lands of the nations,
and they took possession of the fruit of the peoples' toil,
that they might keep his statutes
and observe his laws.

Praise the LORD!

WE RESPOND

Remembering God

As you prepare for Sunday worship:

- Remind yourself, or "make known", how God has worked in the Scripture you have been reading.
- Remember God as you "seek his presence" and wait for him to work in your context.
- Celebrate with thankfulness that God "remembers his covenant" and reunites us to him.

Scripture Reading

1.31.21	Ex 28-29	<u>Ex 29</u>
2.7.21	Judg 4-5	Judg 4
2.14.21	I Sam 7-10	<u>I Sam 8</u>
2.21.21	II Sam 6-7	II Sam 7

^{*} see the reading plan and blog by Matt Koerber at cityreformed.org

SONG: Gloria Patri | Glory Be To The Father

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end.

Amen. Amen.

MONDAY

GOD CALLS

Psalm 56:1-7 [ESV]

To the choirmaster: according to The Dove on Far-off Terebinths. A Miktam of David, when the Philistines seized him in Gath.

Be gracious to me, O God, for man tramples on me;

all day long an attacker oppresses me;

my enemies trample on me all day long,

for many attack me proudly.

When I am afraid,

I put my trust in you.

In God, whose word I praise,

in God I trust; I shall not be afraid.

What can flesh do to me?

All day long they injure my cause;

all their thoughts are against me for evil.

They stir up strife, they lurk;

they watch my steps,

as they have waited for my life.

For their crime will they escape?

In wrath cast down the peoples, O God!

Confession

We are restless, O God. As if we believed you do not care about sin and are letting evil win, we fear others more than we fear you. Let our cause be your cause, and let us boldly ask for your mercy. Remove the sin from us that would distort our understanding of your justice and show us how to trust you in every trial. Make our tears flow from holy sorrow and let our sleepless nights be a reflection of our anticipation for your presence. Amen

Assurance of Pardon: Psalm 56:8-13 [ESV]

You have kept count of my tossings;

put my tears in your bottle.

Are they not in your book?

Then my enemies will turn back

in the day when I call.

This I know, that God is for me.

In God, whose word I praise,

in the LORD, whose word I praise,

in God I trust; I shall not be afraid.

What can man do to me?

I must perform my vows to you, O God;

I will render thank offerings to you.

For you have delivered my soul from death,

yes, my feet from falling,

that I may walk before God

in the light of life.

SONG: How Firm A Foundation

- The link is an example of Sacred Harp singing, an American folk style of singing that influenced many great hymn writers and a diversity of worship cultures.
- Music in the back.

GOD REVEALS

Praver of Illumination

[based on 1 Corinthians 2:10-16]

All wise and glorious Father, open our hearts to your Holy Spirit, that in your word we might know what no eye has seen, nor ear heard, or heart can imagine. Give us the mind of Christ as we receive your love.

Scripture Reading

2.1.21	Ex 31-33	<u>Ex 32</u>
2.8.21	Judg 13-16	Judg 16
2.15.21	I Sam 13-15	<u>I Sam 15</u>
2.22.21	II Sam 11-12	II Sam 11:1-12:15

^{*} see the reading plan and blog by Matt Koerber at cityreformed.org

WE ABIDE

Prayer from Matthew 5:43-48

- Ask God to give you the same amount of love for your enemies as you have for your friends.
- Celebrate that you are God's daughters and sons.
- Boldly ask God to make you perfect, as he is perfect.

GOD SENDS

Lord's Prayer

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as it is in heaven.

Give us today our daily bread.

And forgive us our debts,
as we also have forgiven our debtors

And lead us not into temptation,

but deliver us from evil.

For yours is the kingdom and the power and the glory forever, Amen.

WE GO

SONG: Gloria Patri | Glory Be To The Father

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end.

Amen. Amen.

TUESDAY

GOD CALLS

Psalm 60 [ESV]

To the choirmaster: according to Shushan Eduth. A Miktam of David; for instruction; when he strove with Aram-naharaim and with Aram-zobah, and when Joab on his return struck down twelve thousand of Edom in the Valley of Salt.

O God, you have rejected us, broken our defenses; you have been angry; oh, restore us.

You have made the land to quake; you have torn it open; repair its breaches, for it totters.

You have made your people see hard things; you have given us wine to drink that made us stagger.

You have set up a banner for those who fear you, that they may flee to it from the bow. Selah

That your beloved ones may be delivered, give salvation by your right hand and answer us!

God has spoken in his holiness:

"With exultation I will divide up Shechem and portion out the Vale of Succoth.

Gilead is mine; Manasseh is mine;

Ephraim is my helmet;

Judah is my scepter.

Moab is my washbasin;

upon Edom I cast my shoe; over Philistia I shout in triumph."

Who will bring me to the fortified city?

Who will lead me to Edom?

Have you not rejected us, O God?

You do not go forth, O God, with our armies.

Oh, grant us help against the foe,

for vain is the salvation of man!
With God we shall do valiantly;
it is he who will tread down our foes.

WE RESPOND

Meditation on the Battle

- Consider the defenses you trust in and the hard things
 God has made you look at.
- Contemplate what it means that even your enemies are God's to do with as he pleases.
- Praise God that Jesus has brought you "to the fortified city" and will continue fighting the battle against evil on your behalf.

SONG: A Mighty Fortress Is Our God | Michael W. Smith

Music in the back, additional songs <u>HERE</u>.

GOD REVEALS

Prayer of Illumination

[Psalm 25:4-5]

Make me to know your ways, O LORD;

teach me your paths.

Lead me in your truth and teach me,

for you are the God of my salvation;

for you I wait all the day long.

Scripture Reading

2.2.21	Deut 32-34	Deut 32
2.9.21	Judg 19-21	Judg 19
2.16.21	I Sam 16-18	<u>I Sam 16</u>
2.23.21	II Sam 13-15	II Sam 15

^{*} see the reading plan and blog by Matt Koerber at cityreformed.org

WE ABIDE

<u>Praver</u>

- Pray that God would open your eyes to the spiritual warfare around you.
- Pray against the work of the Evil One that divides, and pray for the power of the Holy Spirit, who unites.

GOD SENDS

Lord's Prayer

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as it is in heaven.

Give us today our daily bread.

And forgive us our debts,
as we also have forgiven our debtors

And lead us not into temptation, but deliver us from evil. For yours is the kingdom and the power and the glory forever,

Amen

WE GO

SONG: Gloria Patri | Glory Be To The Father

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end.

Amen. Amen.

WEDNESDAY

"Ash Wednesday" (February 17, 2021) is the liturgical name for the first day in the season of Lent. Historically, Christians have used these 40 days to pray in fasting, silence, and service as they remember their mortality and their need for salvation. While City Reformed does not use ashes in worship, the symbol reminds us that "we are dust" and the LORD remembers those who fear him. Consider how you might also pray through embodied practices in the coming weeks.

GOD CALLS

SONG: Bless The Lord My Soul | Taizé

 Throughout this liturgy, you are invited to sing this short refrain from the Taizé community in France.

Bless the Lord My Soul And bless his holy name Bless the Lord My Soul Who leads me into life

Psalm 103 [ESV]

Bless the LORD, O my soul,
and all that is within me,
bless his holy name!
Bless the LORD, O my soul,
and forget not all his benefits,
who forgives all your iniquity,
who heals all your diseases,
who redeems your life from the pit,
who crowns you with steadfast love and mercy,
who satisfies you with good
so that your youth is renewed like the eagle's.

[SONG: Bless The Lord My Soul]

The LORD works righteousness and justice for all who are oppressed.

He made known his ways to Moses,

his acts to the people of Israel.

The LORD is merciful and gracious,

slow to anger and abounding in steadfast love.

He will not always chide,

nor will he keep his anger forever.

He does not deal with us according to our sins, nor repay us according to our iniquities.

For as high as the heavens are above the earth,

so great is his steadfast love toward those who fear him; as far as the east is from the west.

so far does he remove our transgressions from us.

As a father shows compassion to his children,

so the LORD shows compassion to those who fear him.

For he knows our frame;

he remembers that we are dust.

[SONG: Bless The Lord My Soul]

As for man, his days are like grass;

he flourishes like a flower of the field;

for the wind passes over it, and it is gone,

and its place knows it no more.

But the steadfast love of the LORD is from everlasting to everlasting on those who fear him,

and his righteousness to children's children,

to those who keep his covenant

and remember to do his commandments.

The LORD has established his throne in the heavens, and his kingdom rules over all.

[SONG: Bless The Lord My Soul]

Bless the LORD, O you his angels, you mighty ones who do his word, obeying the voice of his word!

Bless the LORD, all his hosts,

his ministers, who do his will!

Bless the LORD, all his works,

in all places of his dominion.

Bless the LORD, O my soul!

Confession

- Meditate on what you desire more than God.
- Consider confessing this idol to someone in your life.
- Contemplate how God is calling you to "present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship." (Rom 12:1)

[SONG: Bless The Lord My Soul]

Assurance of Pardon Psalm 103:11-12

For as high as the heavens are above the earth,

so great is his steadfast love toward those who fear him; as far as the east is from the west,

so far does he remove our transgressions from us.

GOD REVEALS

Scripture Reading

2.3.21	Josh 1-3	Josh 3
2.10.21	Ruth 1-2	Ruth 1-2
2.17.21	I Sam 19-21	<u>I Sam 19</u>
2.24.21	II Sam 16-19	II Sam 16:15-23, 18

^{*} see the reading plan and blog by Matt Koerber at cityreformed.org

WE ABIDE

<u>Prayer</u>

- 1. Pray for those who suffer from disease, including COVID-19.
- 2. Pray for those who are oppressed.
- Pray for your church to be faithful to God's commandments and trust his Covenant.

[SONG: Bless The Lord My Soul]

GOD SENDS

Lord's Prayer

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as it is in heaven.

Give us today our daily bread.

And forgive us our debts,
as we also have forgiven our debtors

And lead us not into temptation, but deliver us from evil. For yours is the kingdom and the power and the glory forever,

Amen.

WE GO

SONG: Gloria Patri | Glory Be To The Father

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end.

Amen. Amen.

THURSDAY

GOD CALLS

Psalm 61 [ESV]

To the choirmaster: with stringed instruments. Of David.

Hear my cry, O God,

listen to my prayer;

from the end of the earth I call to you

when my heart is faint.

Lead me to the rock

that is higher than I,

for you have been my refuge,

a strong tower against the enemy.

Let me dwell in your tent forever!

Let me take refuge under the shelter of your wings!

Selah

For you, O God, have heard my vows;

you have given me the heritage of those who fear your name.

Prolong the life of the king;

may his years endure to all generations!

May he be enthroned forever before God;

appoint steadfast love and faithfulness to watch over him!

So will I ever sing praises to your name, as I perform my vows day after day.

Confession and Assurance

 Meditate on Psalm 61 using this short refrain from the Taizé community in France. As you sing, let God reveal ways you have not rested in God alone, and be assured that your salvation comes from him.

SONG: My Soul Is At Rest | Taizé

My soul is at rest in God alone My salvation comes from him

GOD REVEALS

Scripture Reading

2.4.21	Josh 4-5	Josh 4
2.11.21	Ruth 3-4	Ruth 3-4
2.18.21	I Sam 24-26	<u>I Sam 24</u>
2.25.21	II Sam 22-24	II Sam 24

^{*} see the reading plan and blog by Matt Koerber at cityreformed.org

WE ABIDE

Prayer for civil leaders

- Pray that all leaders would recognize the true Kingship of Jesus Christ.
- Pray that God would give wisdom to our national, state, and local leaders.

Lord's Praver

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as it is in heaven.

Give us today our daily bread.

And forgive us our debts,
as we also have forgiven our debtors

And lead us not into temptation, but deliver us from evil. For yours is the kingdom and the power and the glory forever,

Amen.

WE GO

SONG: Gloria Patri | Glory Be To The Father

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end.

Amen. Amen.

FRIDAY

Silence does not always mean the absence of noise. Silence can also mean avoiding speech or showing respect through postures of humility. In this liturgy, "silence" means not suppressing your thoughts before they develop. This is done by 1) listening to whatever "pops into your mind" and 2) offering them to God without filter. Instead of trying to direct your prayers, simply observe what your heart and mind are doing and invite Jesus into them.

GOD CALLS

~~ pause in silence ~~

Don't rush. Set a timer for 1-2 minutes if you need to.

Psalm 62:1-10 [ESV]

To the choirmaster: according to Jeduthun. A Psalm of David.

For God alone my soul waits in silence;

from him comes my salvation.

He alone is my rock and my salvation,

my fortress; I shall not be greatly shaken.

How long will all of you attack a man

to batter him.

like a leaning wall, a tottering fence?

They only plan to thrust him down from his high position.

They take pleasure in falsehood.

They bless with their mouths,

but inwardly they curse. Selah

~~ pause in silence ~~

For God alone, O my soul, wait in silence, for my hope is from him.

He only is my rock and my salvation, my fortress; I shall not be shaken.

On God rests my salvation and my glory; my mighty rock, my refuge is God.

Trust in him at all times, O people; pour out your heart before him; God is a refuge for us.

Selah

~~ pause in silence ~~

Those of low estate are but a breath; those of high estate are a delusion;

in the balances they go up;

they are together lighter than a breath.

Put no trust in extortion;

set no vain hopes on robbery;

if riches increase, set not your heart on them.

WE RESPOND

Confession

Specifically confess those things that you were ashamed of in your silence. Confess your unspoken, sinful, nature.

Assurance of Pardon from Psalm 62:11-12

Once God has spoken;

twice have I heard this:

that power belongs to God,

and that to you, O Lord, belongs steadfast love.

For you will render to a man

according to his work.

GOD REVEALS

~~ pause in silence ~~

Scripture Reading

2.5.21	Josh 6-8	Josh 6		
2.12.21	I Sam 1-3	<u>I Sam 3</u>		
2.19.21	II Sam 31-II Sam 2	II Sam 1		
2.26.21	II Chron 1-4	II Chron 1		

^{*} see the reading plan and blog by Matt Koerber at cityreformed.org

WE ABIDE

Song of Reflection

- For God Alone My Soul Waits | Dan Jaasma
 - Music in the back, additional songs <u>HERE</u>.

GOD SENDS

Lord's Prayer

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as it is in heaven.

Give us today our daily bread.

And forgive us our debts,
as we also have forgiven our debtors

And lead us not into temptation, but deliver us from evil. For yours is the kingdom and the power and the glory forever,

Amen.

SONG: Gloria Patri | Glory Be To The Father

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end. Amen. Amen.

SATURDAY

This liturgy is designed to go with a meal that celebrates God's work in creation. Consider who you might safely share a meal with. If you have the resources, thankfully celebrate your bounty with good food, drink to make the heart glad, and comforts to make your face shine.

GOD CALLS

Prepare your Meal

 As you plan and prepare your meal, pray the beginning of <u>Psalm 104:1-23</u> [ESV], knowing that the beauty of creation is magnified as you cultivate and partake of it with thankfulness and humility.

Bless the LORD, O my soul!

O LORD my God, you are very great!

You are clothed with splendor and majesty,

covering yourself with light as with a garment, stretching out the heavens like a tent.

He lays the beams of his chambers on the waters;

he makes the clouds his chariot:

he rides on the wings of the wind;

he makes his messengers winds,

his ministers a flaming fire.

He set the earth on its foundations,

so that it should never be moved.

You covered it with the deep as with a garment;

the waters stood above the mountains.

At your rebuke they fled;

at the sound of your thunder they took to flight.

The mountains rose, the valleys sank down to the place that you appointed for them.

You set a boundary that they may not pass, so that they might not again cover the earth.

You make springs gush forth in the valleys; they flow between the hills;

they give drink to every beast of the field; the wild donkeys quench their thirst.

Beside them the birds of the heavens dwell; they sing among the branches.

From your lofty abode you water the mountains; the earth is satisfied with the fruit of your work.

You cause the grass to grow for the livestock and plants for man to cultivate, that he may bring forth food from the earth and wine to gladden the heart of man, oil to make his face shine and bread to strengthen man's heart.

The trees of the LORD are watered abundantly, the cedars of Lebanon that he planted.

In them the birds build their nests; the stork has her home in the fir trees.

The high mountains are for the wild goats; the rocks are a refuge for the rock badgers.

He made the moon to mark the seasons; the sun knows its time for setting.

You make darkness, and it is night, when all the beasts of the forest creep about.

The young lions roar for their prey, seeking their food from God.

When the sun rises, they steal away and lie down in their dens.

Man goes out to his work and to his labor until the evening.

Begin Your Meal

 Before you start eating, continue reading Psalm 104:24-30 [ESV]

O LORD, how manifold are your works! In wisdom have you made them all; the earth is full of your creatures.

Here is the sea, great and wide,

which teems with creatures innumerable, living things both small and great.

There go the ships,

and Leviathan, which you formed to play in it.

These all look to you,

to give them their food in due season.

When you give it to them, they gather it up; when you open your hand, they are filled with good things.

When you hide your face, they are dismayed; when you take away their breath, they die and return to their dust.

When you send forth your Spirit, they are created, and you renew the face of the ground.

Grace for the meal

Gracious and bountiful God, we give you praise for all of your works and the vastness of your creation. We, along with everything living, look to you for our food and provision. We thank you for this meal so graciously prepared and so freely given. May it renew us, just as your Spirit renews all of creation. Amen.

GOD REVEALS

End Your Meal

After you are done eating, read the end of Psalm
 104:31-35 [ESV] and read the assigned chapters.

May the glory of the LORD endure forever;

may the LORD rejoice in his works,

who looks on the earth and it trembles,

who touches the mountains and they smoke!

I will sing to the LORD as long as I live;

I will sing praise to my God while I have being.

May my meditation be pleasing to him, for I rejoice in the LORD.

Let sinners be consumed from the earth,

and let the wicked be no more!

Bless the LORD, O my soul!

Praise the LORD!

Scripture Reading

2.6.21	Judg 1-3	Judg 2:1-3:6		
2.13.21	I Sam 4-6	<u>I Sam 5</u>		
2.20.21	II Sam 3-5	II Sam 5		
2.27.21	II Chron 5-7	II Chron 6:12-40		

^{*} see the reading plan and blog by Matt Koerber at cityreformed.org

WE ABIDE

Songs for Reflection:

- Rejoice In All Your Works | Psalm 104 (Wendell Kimbrough)
 - Music in the back, additional songs <u>HERE</u>.

Testify to God's Provision

- Testify to one another of God's provision and goodness.
- How has God provided for you emotionally, physically, or spiritually?

Lord's Praver

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as it is in heaven.

Give us today our daily bread.

And forgive us our debts,
as we also have forgiven our debtors

And lead us not into temptation, but deliver us from evil. For yours is the kingdom and the power and the glory forever,

Amen.

WE GO

SONG: Gloria Patri | Glory Be To The Father

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end.

Amen. Amen.

Glory Be to the Father



Text: Gloria Patri, 2nd c.

Tune: Henry W. Greatorex (1813-1858)



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How Firm a Foundation

Words: R. Keene and George Keith (1787), Melody: American Folk Arrangement: Daniel Snoke 2019



A Mighty Fortress Is Our God

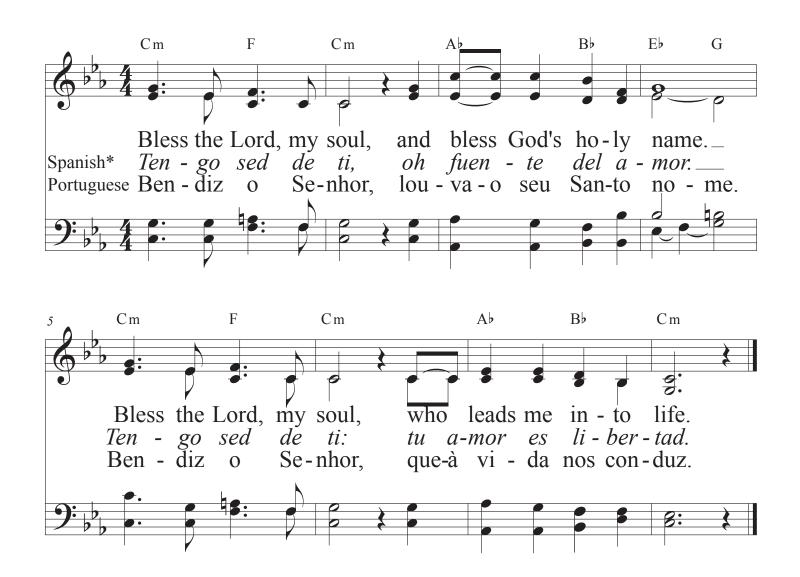
Words and Music by Martin Luther and Frederick Hedge Arrangement by Daniel Snoke 2012





Bless The Lord - Psalm 103:1

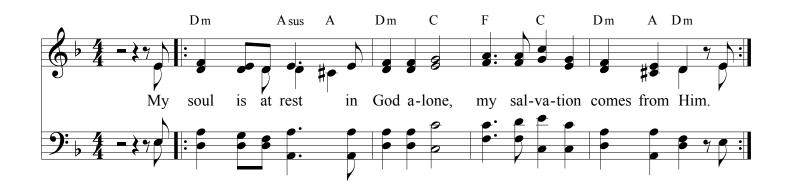
Taizé: Jacques Berthier (1923-1994)



^{*} Second verse English translation:

[&]quot;I am thirsty for you, o fountain of love I am thirsty for you, your love is freedom"

My Soul Is At Rest (Psalm 62)



Psalm 62 – For God Alone My Soul Waits C#m/E, 138 BPM – Capo 2

G	Bm	A		G	Bm		A	
For	God alone my	soul waits	in silence	- salvat	ion come	es from m	y Lord	
G	Bm	A	(Ĵ	Bm	A		
For	He alone is my	rock and	refuge - m	y fortre	ss holdir	ig strong.		
G	Bm	A		G		Bm	A	
Tho	ough I'm assaile	ed by lover	s of darkn	iess - wł	no wish t	o bring m	e to shar	me
F	Am	G	F	ì	Am	G		
No	fist or falsehoo	d can over	come me	- my hoj	pe is in h	is name		
	D	F#m	Em		D	A		
O n	ny soul, find yo	our rest in	the God	of neve	r-failing	faithfuln	ess	
	D	F#m	Bm	Em		D)	\mathbf{A}
In l	nis love, which	shall endu	ire you w	ill knov	v the pea	ace and p	ower of	the Lord
	\mathbf{G}	A	·	Bbdim	Bm	_		
He	will be your fo	rtress nov	and eve	rmore				
	\mathbf{G}	A		(G D	FC)			
He	will be your fo	rtress nov	and eve	rmore	,			

Turn not your heart to charms that allure you, nor hope in wealth or in fame The things of earth are a fleeting vapor, but one thing will remain

Chorus

Trust in the Lord, my brothers and sisters, He knows your heart's every need He is the King who prepares the table, where hungry souls may feed

O my soul, find your rest in the God of never-failing faithfulness In his love, which shall endure you will know the peace and power of the Lord (2x)

He will be your fortress now and evermore He will be your fortress now and evermore

REJOICE IN ALL YOUR WORKS (PSALM 104)

WENDELL KIMBROUGH

